

Arctic Adventure Tourism

ORM 275/275L (4 Credits)

Aimee Vlachos, M.S., Ed.D., CPRP | avlachos@une.edu
Tentative Travel Dates: Late May | Estimated Travel Fee: \$3,000

DAY 1 | Fly to Reykjavík, Iceland

Fly overnight from Boston to Reykjavik, Iceland.

DAY 2 | Reykjavík

After an early morning arrival in Reykjavík, you will explore Reykjavík, the capital city of Iceland, before a welcome dinner. Overnight in Reykjavík at hostel.

DAY 3 | Reykjavík

Enjoy breakfast before exploring the city and participating in group activities. Consider visiting one of Reykjavík's museums, including the Reykjavík Maritime Museum, the National Museum of Iceland, or Perlan's Wonders of Iceland Exhibit. Enjoy lunch and dinner on your own in one of Reykjavík's restaurants or cafés. Overnight at hostel.

DAY 4 | Mýrdalsjökull Glacier & Arrival at Þórsmörk

After breakfast at the hostel, you will be met by a Volcano Trails guide to travel to the Mýrdalsjökull glacier, atop the Katla volcano, for a glacier walk. Continue to the Volcano Huts, your home for the next three nights. Lunch and dinner are included.

DAY 5 | Þórsmörk

You will have a day in the Þórsmörk area to hike one of their famous volcano trails. Highlights in Þórsmörk include valleys, plateaus, rivers, foothills, canyons, and mountains. Opportunity to enjoy the Volcano Huts' sauna and sitting pool. Breakfast, lunch, and dinner are included.

Sample Itinerary

DAY 6 | Stakkholtsgjá Canyon

View waterfalls, cliffs, and streams during a hike through Stakkholtsgjá Canyon, one of the filming locations of Game of Thrones. Breakfast, lunch, and dinner are included. Final overnight at the Volcano Huts.

DAY 7 | Golden Circle & Gjábakkahellir Cave

Embark from Þórsmörk to the Golden Circle route, famous for its geysers and waterfalls. Stop at the Gjábakkahellir lava tube cave, where you can see impressive lava falls and shark tooth stalactites. Return to Reykjavík. Breakfast and lunch included.

DAY 8 | Reykjavík

Breakfast at the hostel before a free day to explore Iceland's largest city. Suggested highlights include the iconic Hallgrimskirkja church, the Viking World Museum, Aurora Reykjavík Northern Lights Center, Laugavegur shopping district, or Abaer Open Air Museum. Lunch on your own. Afterward, attend a farewell dinner to help say goodbye to your time in Iceland! Final night at hostel.

DAY 9 | Blue Lagoon & Fly back to the U.S.

Finish packing and enjoy breakfast at the hostel before heading to the Blue Lagoon for an afternoon visit. One of the 25 wonders of the world, this geothermal spa is world-renowned for its therapeutic waters and milky blue color. Afterward, transfer to the airport for your return flight to the United States.